



News Release

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Contact: Columbia Parks and Recreation, 874-7460

Columbia Parks and Recreation September Calendar

Call 874-7460 to register or for more information or visit www.GoColumbiaMo.com.

September

- 4 Last day for Oakland Family Aquatic Center
- 7 Twilight Outdoor Cinema at Flat Branch Park, O Brother, Where Art Thou? (rated PG-13), Ironweed Bluegrass Band at 6 pm, movie at 8:15 pm, \$3 per person, children 6 and under free
- 12 Swimming lessons begin, Fall Session I, Hickman Pool
- 13 OAK/50+ Trip to Busch Stadium, Cardinals vs. Astros, depart Parkade Center at 8:30 am
- 14 Twilight Karaoke at Flat Branch Park, please register, 6-8 pm, Free
- 15 OAK/50+ Fall Dance, Parkade Center (east side), 601 Bus Loop 70W, 7-10 pm, \$3
- 16-17 Heritage Festival & Craft Show, Nifong Park, Hwy 63 S at AC exit, 10 am-5 pm, Free
- 18 Registration begins, adult mid-winter volleyball
- 18 Registration begins, adult basketball, returning teams
- 21 Twilight Stream Extravaganza at Flat Branch Park, 6-8 pm, Free
- 23-24 Columbia Fall Festival of the Arts, Downtown Courthouse Square, 10 am-5 pm, Free
- 25 Registration begins, adult basketball, new teams
- 28 Twilight Circus at Flat Branch Park, 6-8 pm, Free
- 30 Swimming lessons begin, Fall Session I, ARC

Mother Goose in Motion

Tues./Thurs., Sept. 5, 7, 19, 21, 26, 28
10-11 a.m., ages 3-12 months, ARC
\$24 ARC Annual Member, \$30 Non-member

Travel Training

Tues., Sept. 5, 6-7 p.m., ages 14-adult
ARC, \$12 ARC Annual Member, \$18 Non-member

Intro to Epee Fencing

Tues., Sept. 5-Oct. 10, 6:30-8 p.m., ages 10-adult
Rock Quarry Park House, \$38

Fencing: Skills Enhancement

Tues., Sept. 5-Oct. 10, 8-9:30 p.m., ages 10-adult
Rock Quarry Park House, \$20

Photography Basics

Wed., Sept. 6-27, 5:30-6:30 p.m., ages 14-adult
Riechmann Indoor Pavilion, \$39

Puppet Party

Fri., Sept. 8, 10 a.m., ages 3-6
Parkade Center, \$5

Cardio/Strength Training Orientation

Mon., Sept. 11, 9-10 a.m., ages 14-adult
ARC, \$5

Intermediate Guitar I

Mon., Sept. 11-Oct. 16, 6:30-7:15 p.m., ages 12-adult
Riechmann Indoor Pavilion, \$49

Basic Square Dance

Mon., Sept. 11-Oct. 16, 7-9 p.m., ages 12-adult
ARC, \$39 per person

Senior Fitness

Tues/Thurs, Sept. 12-21, 8:30-10 a.m, ages 50 and up
ARC, \$20 ARC Annual Member, \$24 Non-member

Preschool Picassos

Session 1, Tues., Sept. 21-Nov. 14 (skip 10/17, 11/7)

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10-11 a.m., ages 2-5, ARC, \$44 + \$5 material fee

Apple Day

Tues., Sept. 12, 10 a.m., ages 3-6
Parkade Center, \$5

Taekwon-Do

Tuesday/Thursday, Sept. 12-Oct. 19
Beginning, 6-7 pm
Intermediate, 7-8 pm
Advanced, 8-9 pm
Parkade Center
Ages: 7-adult
Fee: \$38

Simplified Tai Chi Form

Tues., Sept. 12-Oct. 24, 6:30-8 p.m., ages 16-adult
Riechmann Indoor Pavilion, \$38

Preschool Picassos

Session 2, Wed., Sept. 13-Nov. 15 (skip 10/18, 11/8)
10-11 a.m., ages 2-5, ARC, \$44 + \$5 material fee

Little Explorers: KOMU Channel 8

Thurs., Sept. 14, 10 a.m., ages 3-6
5550 Hwy. 63, \$2

Beginning Guitar I for Kids

Thurs., Sept. 14-Oct. 19, 6:30-7:15 p.m., ages 7-11
Riechmann Indoor Pavilion at Stephens Lake Park,
\$49

Beginning Guitar I

Thurs, Sept. 14-Oct 19, 7:30-8:15 p.m., ages 12-adult
Riechmann Indoor Pavilion at Stephens Lake Park,
\$49

Best of the Web

Mon., Sept. 18-Oct. 23, 1:30-2:30 p.m., all ages
Armory Sports Center, \$15

Video Documentary Making

Mon., Sept. 18-Oct. 16, 6-8 p.m., ages 16-adult
Rock Quarry Park House, \$44

Black Belt Taekwon-Do

Mon., Sept. 18, Oct. 2 & 16, 6-8 p.m., ages 7 and up
Parkade Center, \$38

Beginning Word Processing

Mon., Sept. 18-Oct. 23, 6:30-7:30 p.m., all ages
Armory Sports Center, \$15

Mickey Mouse Party

Tues., Sept. 19, 10 a.m., ages 3-6
Parkade Center, \$5

Intro to Computing

Tues., Sept. 19-Oct. 24, 1:30-2:30 p.m., all ages
Armory Sports Center, free

Beginning Weight Training

Tues., Sept. 19, 6-7 p.m., ages 7-10
ARC, \$16 ARC Annual Member, \$20 Non-member

How to Interior Design

Tues., Sept. 19-Oct. 10, 6-7:30 p.m., ages 18-adult
Parkade Center, \$35

Cardio/Strength Training Orientation

Wed., Sept. 20, 5:30-6:30 p.m., ages 14-adult
ARC, \$5

Tennis Baseball

Thurs., Sept. 21, 10 a.m., ages 3-6
Rock Quarry Park, \$3

Painting for the Terrified

Thurs., Sept. 21-Oct. 26, 6-7:30 p.m., ages 18-adult
Parkade Center, \$42 + \$10 material fee

Speed Reading

Sat. Sept. 23, 9-11 a.m., ages 15-adult
Parkade Center, \$21.50

Intro to Guitar for Kids

Sat., Sept. 23-Oct. 14, 11 a.m.-noon, ages 7-11
ARC, \$35

Story Time Acting

Sat., Sept. 23-Oct. 14, 12:30-1:30 p.m., ages 4-7
ARC, \$21

Simple Scrapbooking

Sat., Sept. 23, 1-3 p.m., ages 12-adult
Parkade Center, \$12 + \$10 material fee

Orienteering

Sat., Sept. 23, 1-3 p.m., ages 12-adult
Grindstone Park, \$10 per person

Quick Study-Memory Mastery

Sat., Sept. 23, 1-3 p.m., ages 15-adult
Parkade Center, \$21.50

Intro to Acting

Sat., Sept. 23-Nov. 11, 1:45-2:45 p.m., ages 8-12
ARC, \$34

Pre-Season Basketball Strength & Conditioning

Mon/Wed., Sept. 25 & 27, 6-7:15 p.m., ages 9-11

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ARC, \$24 ARC Annual Member, \$30 Non-member

Landscaping Principles and Ideas

Mon., Sept. 25, 7-9 p.m., ages 18-adult
Parkade Center, \$21.50

Balance Training

Tues., Sept. 26, 6-7 p.m., ages 14-adult
ARC, \$2 ARC Annual Member, \$18 Non-member

Beginning Tumbling

Wed, Sept. 27-Nov 8 (skip 10/18), 7-8 pm, ages 6-10
Parkade Center, \$36

Visual Journaling

Thurs., Sept. 28-Oct. 12, 7-9 p.m., ages 15-adult
Parkade Center, \$35

Knowing What Smart Students Know

Sat., Sept. 30, 9-11 a.m., ages 12-19
Parkade Center, \$21.50

Pee Wee Jazz and Ballet

Sat., Sept. 30-Oct. 14, 9:30-10:30 a.m., ages 4-5
Parkade Center, \$34

Jazz and Ballet Combo

Sat., Sept. 30-Oct. 14, 12-1 p.m., ages 6-10
Parkade Center, \$34

Score High on the ACT

Sat., Sept. 30, 1-3 p.m., ages 14-19
Parkade Center, \$21.50

Pee Wee Poms

Sat., Sept. 30-Oct. 14, 10:45-11:45 a.m., ages 4-5
Parkade Center, \$34